

Community Health Network of Connecticut Foundation, Inc.

**2014
ANNUAL
REPORT**

*Advancing, supporting, and promoting programs
and activities that fundamentally improve
the health status of the people of Connecticut.*



KHAIR

KHAIR (pronounced “care”) serves at-risk youths by pairing them with hairstylists and barbers who commit to complimentary services. The program emphasizes one-on-one mentor/youth relationships combined with a range of individual and group activities, including self-concept and self-esteem-building workshops.

KHAIR Graduation



KHAIR participants are asked to commit to attending twelve life-skills workshops, hair grooming services, and training to successfully matriculate through our program. We are proud to congratulate our fourteen graduates on their commitment to creating a healthier self-worth.

KHAIR saw each student transform throughout the six weeks, allowing their personalities to blossom and their self-esteem to increase due to strengthened communication skills.

We would like to thank our clinicians from Cornell Scott-Hill Health Center, Clifford Beers Clinic, and Integrated Wellness Group for referring our participants!

Also, a huge thank you to our partners this year: Jo Bruno Hair, People’s United Bank, and Ashley’s Ice Cream.

Here are just a few highlights from this season:

- ▶ 57% of our students graduated with perfect attendance.
- ▶ After completing the program, participants shared their talents by singing and dancing for their parents, KHAIR partners, and clinicians during graduation!
- ▶ Eleven salons dedicated their time and services to our participants, enhancing their self-esteem through hair care tips that were specifically tailored for each student’s hair type.

Referring Agencies:

- ▶ Clifford Beers Clinic
- ▶ Cornell Scott-Hill Health Center
- ▶ Integrated Wellness Group

The first Walk for KHAIR walk-a-thon raised nearly \$8,000!

On June 21, 2014, Community Health Network of Connecticut, Inc. hosted the first Walk for KHAIR walk-a-thon, raising \$7,882. All proceeds were donated to KHAIR, our self-esteem-boosting program for at-risk teens. Over 250 people contributed to the walk-a-thon by donating directly to the cause, or by purchasing a KHAIR ribbon or Walk for KHAIR t-shirt.

The Walk for KHAIR was a tremendous success and we are extremely grateful to all who participated, made a donation, or volunteered to host this outstanding fundraiser. We know there are people in our community who KHAIR!

2014 KHAIR Statistics



Participants: **20**



Salons: **11**



Volunteers: **8**



Clinicians: **12**



Graduation Rate: **82%**

Cooking Matters

Cooking Matters Connecticut with Congressman Joe Courtney Supports the Summer Meal Program

On August 4, 2014, the City of Groton hosted an event at Washington Park, one of the Summer Food Service Program (SFSP) meal sites. Children who receive free or reduced-price breakfasts and lunches during the school year often have limited access to meals during the long summer break. Offering free meals during the summer at sites throughout the state gives children the same access to food year round, Monday through Friday, ensuring that they have access to the healthy meals they need.

Groton Public Schools Food Service Director, Ernie Koschmieder, fully understands the importance of offering summer meal sites to children. Koschmieder invited Groton Mayor Marian K. Galbraith and Congressman Joe Courtney to join the staff of End Hunger Connecticut!, along with No Kid Hungry Campaign Manager, Shannon Yearwood to the event.

"School meal programs that provide breakfast and lunch give nearly 21 million kids access to nutritious food at little or no cost to them during the school year. However, during the summer months, only one in four children who qualify

continue to receive free, nutritious meals. I am proud to be a longtime champion of federal

summer meals programs," says Congressman Joe Courtney.

Food service managers and **Cooking Matters Connecticut Program Director, Terry Young**, were also on hand to discuss the Child Nutrition and WIC Re-authorization Act.

Cooking Matters at The Store (The biggest year yet!)

Cooking Matters at the Store offers individuals, who may not have the ability to attend a six-week Cooking Matters course, the opportunity to engage in a hands-on learning experience. Through the program, participants gain important skills, such as understanding unit pricing, identifying whole grains, adding more fruits and vegetables to their carts, and other valuable tips to help stretch their food dollar. This year, Cooking Matters Connecticut received funding through Share Our Strength, expanding our reach and giving us the opportunity to serve a total of 1,370 individuals.



2014 Cooking Matters Connecticut Statistics



Tours: **75**



Courses: **51**



Tour Participants: **1,376**



Participants: **660**



Volunteers: **48**



Graduates: **582**

The 9th Annual Cornell Scott Memorial Golf Classic

The CHNCT Foundation is pleased to announce that the 2014 Cornell Scott Memorial Golf Classic was a resounding success! This year's tournament raised almost \$50,000. Overall, the tournament has raised more than \$310,000 for programs and activities that improve the health of people living in Connecticut.

For the sixth year in a row, the golf classic was held at one of New England's premier courses – Lake of Isles at Foxwoods Resort Casino. More than 120 golfers participated, including 26 corporate companies.

We would like to thank GreatBlue Research, Inc. for participating as our Diamond Sponsor, and Tim Lammers, FOXCT, our guest MC!

Tournament Sponsors

Diamond

greatblue

WHAT'S NEXT.



Gold

Interpreters & Translators, Inc.
NTT DATA, Inc.
W.B. Mason, Inc.

Silver

Cornell Scott-Hill Health Center

Bronze

Automated Mailing Services, LLC
BeneCare Dental Plans
Care to Care, LLC

Apparel

Quest Diagnostics

Raffle

RBS Citizens

Golf Hat

RJ Health Systems

Scorecard

Data-Link Corporation

Souvenir Journal

OmniPrint, LLC

TEE

ExecuSpace Construction Corporation
G.C. Electric, Inc.

Supporters

Aqua Backflow-Gallicchio Plumbing
Neubert, Pepe & Monteith, PC



1st Place

GreatBlue Research, Inc.

- *Jim MacGilvary*
- *Marc Olender*
- *Hunter Byram*



Hole In One Winner

Jim Gunning

Community Donations

Community Health Network of Connecticut Foundation would like to congratulate the following organizations that received \$500 through our community donations program:

A Modern Tea

A Modern Tea is an annual health event designed to raise awareness and promote positive health and lifestyle behaviors. Guests are treated to an informative and enjoyable afternoon where they learn about various elements that contribute to a healthy lifestyle. In 2014, A Modern Tea was held at the New Haven Country Club (NHCC) in Hamden, Connecticut.

The focus included men's health issues, physical fitness, nutrition, personal empowerment, as well as breast and heart health for both men and women. The educational forum also illuminated the facts behind some of the latest health trends, such

as power-juicing; avoiding genetically-modified organisms (GMOs); using relaxation methods such as back, hand, and neck massage and Reiki; and deriving antioxidants from wine and tea.

Sponsors included: Yale New Haven Hospital, Connecticut Health Foundation, and The Community Foundation for Greater New Haven

The continual goal of the Tea is to empower guests with information and options that encourage attendees to be active participants in their wellness. The annual event draws approximately 200 women and men from across Connecticut.

Grant Making Program

Over the past ten years, the CHNCT Foundation has awarded \$234,850 to Federally Qualified Health Centers (FQHCs) and \$14,000 in-kind contributions to assist them with their Cooking Matters Connecticut programming. In 2014, each FQHC was awarded \$3,500.

Cornell Scott-Hill Health Corporation PowerUp New Haven

Cornell Scott-Hill Health Corporation utilized their funds to help pay for the development of a nutrition curriculum that is used in the PowerUp New Haven program. PowerUp New Haven is a comprehensive program designed to improve the health status of children through five interactive components: nutrition, education, exercise, confidence building, and research.

Fair Haven Community Health Center Behavioral Health Department Program

Fair Haven Community Health Center utilized their funds in the Behavioral Health Department (BHD). BHD will market their therapy groups, making patients and other providers aware of the array

of groups being offered. They will also provide provisions, incentives, and curriculum materials to their populations.

Staywell Health Center Nutrition Education

Staywell Health Center utilized their funds to provide nutrition education sessions to patients referred by their primary care providers. Nutrition plans will be based on patient preferences and areas of change that will have the greatest impact on their health goals.

The following centers received our Cooking Matters programming, valued at \$3,500:

- ▶ Charter Oak Health Center, Inc.
- ▶ Generations Family Health Center
- ▶ Optimus Health Care, Inc.
- ▶ Southwest Community Health Center

These health centers have chosen to use the program opportunity offered by CHNCT Foundation to implement a 6-week Cooking Matters Connecticut program at their locations.

We thank you for your continued support of our mission here at CHNCT Foundation!

- ▶ Bridgeport Child Advocacy Coalition
- ▶ Covenant Soup Kitchen, Willimantic
- ▶ Dorothy Day Hospitality House, Danbury
- ▶ Fit Haven, Inc., New Haven

- ▶ Hands On Hartford
- ▶ Greater New Britain Teen Pregnancy Prevention, Inc. (Pathways Senderos Center)
- ▶ Susan B. Anthony Project, Inc., Torrington
- ▶ Open Door Shelter, Norwalk

In-Kind Contributors

Back East Brewing Company	Fulton's Fitness	Omar Coffee Company
Bags In Bloom	Gap (Hamden, Connecticut)	Porsche of Wallingford
Barbara Holloman	Garde Art Center	Rebekkah Smith
Bath and Body Works	Gouveia Vineyards	Safari Golf, Inc.
Bob's Discount Furniture	Guayaki Brand	Splash Car Wash
Bradford Renaissance Portraits	Hardcore Sweet Cupcake	Sports Center of Connecticut
Bridgeport Bluefish	Harney and Sons Fine Teas	Stanley Golf Course
Bump Patrol	Hello Boutique	The Dressing Room
California Closets	IT-1 Source	The Hartford Artisan Weaving Center
Canon Business Solutions	Jacob Moss Designs	The Mark Twain House and Museum
Clinton Crossing Premium Outlets	Jessica Matajek	The Men's Wearhouse
Cocoa Shak	Jo Bruno Hair	Town Fair Tire
Connecticut's Beardsley Zoo	Kathies Kitchen, LLC	Uzima Wellness Center, LLC
Cory and Karen Ludington	Knight's X-treme Cuts	Wadsworth Atheneum Museum of Art
Crescent Creations	Lake of Isles	We Care Computers
CT River Candles	Libre Tea	Wine Institute of New England
Culinary Health Club at Adams Hometown Market	Long Wharf Theatre	Yurway Designs
Dakota Steakhouse Tavern	Lovely Lathers Homemade Soap	Zulu Nyala Group
Farmhouse Fresh Goods	New Britain Rock Cats	
Flight Trampoline Park	New Haven Symphony Orchestra	
	Okemo Mountain Resort	

Financials

Income and Expenses

Total Revenue and Support - \$704,121

Total Operating Expenses - \$661,848

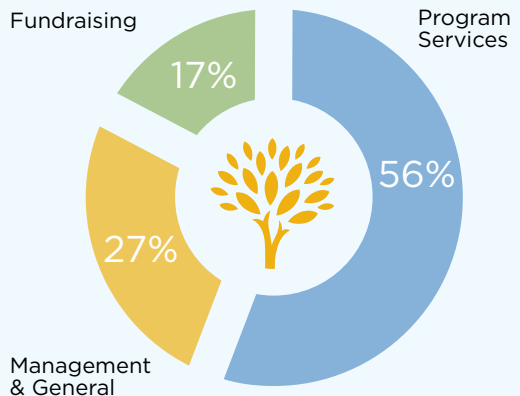
Program Services - \$370,706

Management & General - \$176,165

Fundraising - \$114,977

Total Net Assets - \$45,550

Total Operating Expenses



Corporate Contributors

Able Electric Company	Freedom Fire Protection, Inc.	Quest Diagnostics
Aqua Backflow-Gallicchio Plumbing	Gap (Hamden, Connecticut)	RBS Citizens
Automated Mailing Services, LLC	G.C. Electric, Inc.	RJ Health Systems
BeneCare Dental Plans	Generations Family Health Center, Inc.	SIU Compliance Resource, LLC
Brenner, Saltzman, & Wallman, LLP	GreatBlue Research, Inc.	Southwest Community Health Center, Inc.
Canon Business Solutions	Interpreters & Translators, Inc.	Staywell Health Center
Care to Care, LLC	Jo Bruno Hair	The Community Foundation <i>for</i> Greater New Haven
Connecticut Health Foundation	Knight's X-treme Cuts	Visconti & Associates, PC
Cornell Scott-Hill Health Corporation	Neubert, Pepe & Monteith, PC	W.B. Mason, Inc.
Data-Link Corporation	NTT DATA, Inc.	Yale-New Haven Hospital
ExecuSpace Construction Corporation	OmniPrint, LLC	Yale University
	Optimus Health Care, Inc.	

Individual Contributors

Joyce Beatty	Venice Francis-Churilov	Tracy McNamara
Erica G. Bradley	John V. Federico, M.D.	Kimberly McGhee
Margaret Cavanaugh	Jennifer Frontiero	Lisa Peterson
Melissa Chambrelli	Barbara Holloman	Sandra Papotto
Dawn Clavette	Aiveen Iovanna	Marian Sarcia
Mary Ann Cyr	Sylvia Kelly	Kimberly Sherman
Susan Davis	Jennifer Kovacs	Tressa Spears Jackson
Gail DiGioia	Doug Latham	Terry Young
Jessica Esposito	Lois Lovejoy	Kelly Zarebski

Foundation Board Members

John V. Federico, M.D. Chair <i>Retired, Vice Pres. & Medical Dir., CHNCT</i>	Kathleen Byrne, CCM Director <i>Vice President, GTS Americas Solutions US RBS Citizens</i>	Marian Evans, M.D. Director <i>Adjunct Faculty Member, Southern Connecticut State University Department of Public Health</i>
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Staff

Tressa Spears Jackson <i>Executive Director</i>	Keshia Tigner <i>Project Coordinator</i>	Terry Young <i>Cooking Matters Connecticut, Program Director</i>
Shandra Faulk <i>Program Manager</i>	Ashley Wilson <i>Administrative Coordinator</i>	

Community Partnerships

ACHIEVE New London County
Coalition c/o Ledge Light Health
District

All Nations Christian Academy

All Our Kin, Inc.

AmazonSmile

American Heart Association

American Stroke Association

ArtBra New Haven

Authentic Beauty Salon & Spa

Billings Forge Community Works

BJ's, Inc.

Brenner, Saltzman & Wallman,
LLP

Captiva Salon Paul Mitchell,
Milford

Captiva Salon Paul Mitchell,
Wallingford

Cars 4 Causes

Charter Oak Health Center, Inc.

Christian Community Action
Stepping Stone Transitional
Housing Program

Cityseed

Common Ground High School,
Urban Farm and Environmental
Education Center

Cornell Scott-Hill Health
Corporation

End Hunger Connecticut!

Fair Haven Community Health
Center

Freshplace

Gap (Hamden, Connecticut)

Generations Family Health
Center

Hair's Kay Beauty Salon

Helping Hands Community
Thrift Store & Furniture Bank

HUSKY Programs at the Center
for Public Health and Health
Policy at UConn Health

Jo Bruno Hair

Knight's X-treme Cuts

Luvena Leslie Salon

MACC Charities

Manchester Community College
Hospitality Management
Program

Maximum Care Beauty Salon

Moe's Southwest Grill

New Lighthouse Ministries

Optimus Health Care, Inc.

Paul Mitchell The School, North
Haven

People's United Bank

RAMBUH Family Center of the
Village

Rimage Salon & Spa

Salon Bordeaux, LLC

Sharon Joy Salon

Soho Hair Group & Day Spa

Southwest Community Health
Center

Staywell Health Center

The Institute of Living/Hartford
Hospital

The Parent and Child Center at
Bristol Hospital

Valley Initiative to Advance
Health and Learning in Schools
(VITAHLS)

Wholesome Wave

Yale-New Haven Hospital Heart
and Vascular Center

Yale-New Haven Stroke Center

Yale University

Foundation and Grant Support

Grant Support

Fidelity Charitable

Frank A. DeLuca Foundation

Hartford Foundation
for Public Giving

Share Our Strength

Community

Program Funders

Bridgeport Board of
Education

Hartford Hospital

Griffin Hospital

United Way of Greater
New Haven

