

A Modern Tea

"A Modern Tea - The Heart of the Matter"

10th Anniversary Celebration!

Wallingford, CT – January 5, 2016 – A decade of promoting health and wellness to the residents of Greater New Haven will be celebrated on Saturday, April 16, 2016 at the 10th annual *A Modern Tea* affair, hosted by the exquisite Omni New Haven Hotel at Yale. The milestone event – with the theme “The Heart of the Matter” - will feature healthy living workshops, live music, great food and exclusive boutiques for attendees.

The event is open to the public, ages 21 and up, and tickets are \$45 per guest. The event runs from 10:00 a.m. to 5:00 p.m. and includes lunch and on site complimentary parking in addition to the day’s discussions and demonstrations. Space is limited, so pre-registration is required. Visit www.amoderntea.org to register today.

Toni Harp, Mayor of the City of New Haven, and Marta Elisa Moret, First Lady of Yale University, will serve as honorary co-chairs for the proceedings. Dr. Anees Chagpar, Director of the Breast Center at Smilow Cancer Hospital at Yale-New Haven and an Associate Professor of Surgery at Yale, is the 10th anniversary keynote speaker. Fox CT Social Media Reporter, Maggie Slysz, will be on hand as Mistress of Ceremonies for the day.

Guests may choose to attend workshops covering a wide range of health topics. Presentations scheduled are: *Enjoying Wine as Part of a Healthy Lifestyle, Hands-Only CPR, Breast Health: Healthy Living Pre-and Post-Cancer, Medicinal Mushrooms: The New Fountain of Youth, Life Coaching: The Journey Back to You, and a Chinese Tea tasting and demonstration.* In addition, on-site blood pressure screenings and stroke assessments will be available. Throughout the day, guests can enjoy the sweet sounds of live jazz performed by Timmy Maia of Maia Music.

A Modern Tea is an annual event produced by Community Health Network of Connecticut Foundation, Inc. (CHNCTF). CHNCTF was founded in 2003 as a public charitable organization concerned with the health of Connecticut residents. Its mission is to advance, support and promote programs and activities that fundamentally improve the health status of the people of Connecticut. The Foundation’s goal is to support the activities of community health centers and other non-profit organizations that promote health care services to uninsured and medically-underserved individuals, youth, children and families in Connecticut. As a volunteer-driven organization, the Foundation is managed by an independent Board of Directors who donate their time. CHNCTF is a designated 501(c)(3) entity.

Join us as we celebrate a decade of helping the community stay healthy. Bring friends, family, spouses, or anyone else 21 or older who might enjoy a day of discussion and elegant interactions. Continue the tradition of staying healthy and well at the 2016 *A Modern Tea - The Heart of the Matter!*

Event Details

A Modern Tea – The Heart of the Matter

www.amoderntea.org

Saturday, April 16, 2016

10 a.m. to 5 p.m.

Omni New Haven Hotel

155 Temple St.

New Haven, CT 06510

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