

Newsletter Edition May 2014

In This Issue

Cooking Matters

KHAIR Walk- A- Thor

Golf Classic

A Modern Tea

About Us

CHNCT Foundation was founded in 2003 as a public, charitable organization concerned with the health of Connecticut residents. Our mission is to advance, support, and promote programs and activities that fundamentally improve the health status of the people of Connecticut.

Ways to Donate

We are a 501(C)(3) organization. All donations are 100% tax deductible under U.S. law.

How can you help?
There are many ways in which you can help us to help those in need. Please click here to learn more.

Stay Connected







Join Our Mailing List!





Cooking Matters at the Store is coming to a grocery store near you! With grant support through national partner Share Our Strengths, Cooking Matters staff have set the goal of reaching

750 participants in 2014!

Not familiar with CM @ The Store? Click here...

Cooking Matters at the Store coordinator, Jessica Matejek, is reaching out to community partners, past host sites, and grocery stores to spread the word and wealth of information on this invaluable program. If your organization is interested in **partnering** with Cooking Matters and offering Cooking Matters at the Store to your clients, please contact Jessica at imatejek@chnct.org for additional information.

Our Volunteer Coordinator, Jennifer Frontiero, is working with staff orienting and training new and past volunteers in the art of conducting the Cooking Matters at the Store tour.

If you or someone you know is interested in **volunteering** as a shopping tour guide with Cooking Matters at the Store, *please* contact Jennifer for a listing of upcoming orientations at ifrontiero@chnct.org.

Thank you for your support, we are looking forward to seeing you at the grocery store!



ANNOUNCING
The first ever
Walk for KHAIR Walk-a-thon

Spring has sprung and it's time to put on those walking shoes! Let's do it together and raise money for a great cause!

Join us on Saturday, June 21st at the Quinnipiac Linear Trail in Wallingford and

show us you KHAIR! All proceeds raised from the **Walk for KHAIR** Walk-a-thon will benefit CHNCT Foundation's KHAIR program.

Here's how you can join the movement!

1.Encourage your friends and family to pledge money for every mile you walk!

2. Challenge yourself - The more you walk, the more you KHAIR!

3.Not able to participate? You can also support this important cause by make a general donation.

Walk registration opens in May. Follow us on FACEBOOK and TWITTER for ways to sign up!

KHAIR is a program aimed to increase self-esteem in at-risk youth by pairing them with a hairstylist/barber who provides complimentary hair services. In addition, participants also attend life skill workshops to help bolster their self- esteem. To learn more or to donate to KHAIR, please visit www.wekhair.org



Foursomes and Sponsorships are rolling in for our August 2014 Cornell Scott Memorial Golf Classic! Our Cornell Scott Memorial Golf Classic features:

- Play at the beautiful Lake Of Isles Golf Course!
- Over 40 top notch raffle items including electronics, golf sets, and more!
- Corporate teams from all around the New England area!

Become a Sponsor or Register Today Visit us here!

2015 A Modern Tea Save The Date:



3.21.15

New Haven Country Club



Pictured Above: WTNH News Channel 8 Reporter Ali Reed at the 2014 A Modern Tea

Missed this year? Click Here for pictures and highlights of our 2014 event!

Community Health Network of Connecticut Foundation, Inc. http://www.chnctfoundation.org | 203.949.4101 11 Fairfield Blvd., Suite 1 Wallingford, CT 06492

Copyright © 2012. All Rights Reserved.