



Newsletter
Edition

June 2014

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About Us

CHNCT Foundation was founded in 2003 as a public, charitable organization concerned with the health of Connecticut residents. Our mission is to advance, support, and promote programs and activities that fundamentally improve the health status of the people of Connecticut.

Ways to Donate

We are a 501(C)(3) organization. All donations are 100% tax deductible under U.S. law.

How can you help?

There are many ways in which you can help us to help those in need. Please [click here](#) to learn more.

Stay Connected



Join Our Mailing List!

Gearing up for the... Walk For KHAIR Walkathon



Walk *for* KHAIR

proudly sponsored by:

Community Health
Network of CT, Inc.

Registration is open!
Join us on

Saturday, June 21st

at the

Quinnipiac Linear Trail

in Wallingford and show us you KHAIR!

Encourage your friends and family to pledge money for every mile you walk. Challenge yourself - The more you walk, the more you KHAIR! Our 2014 goal is **\$10,000!**

We look forward to your support in reaching our goal.

Walk for KHAIR
is sponsored by **Community Health Network of Connecticut, Inc.**

All funds raised will go to the CHNCT Foundation to support the KHAIR program and at-risk teens.

Signing up is quick and easy. There are only a few more weeks until the walk, sign up and get started today.

[REGISTER OR DONATE HERE!](#)

Not able to participate? You can still be involved in the walkathon and support this important cause by making a general donation.

Stay connected : We have reached **10%** of our walkathon fundraising goal.

For additional
Walk for **KHAIR** updates follow us on
[Facebook](#) and [Twitter](#)!

About KHAIR

KHAIR is a program aimed to increase self-esteem in at-risk youth by pairing them with a hairstylist/barber who provides complimentary hair services. In addition, participants also attend life skill workshops to help bolster their self-esteem. To learn more or to donate to KHAIR, please visit www.wekhair.org

**Cornell Scott Memorial Golf Classic announces
its two new sponsors!**



We would like to send a big "Thank you!" to our two new sponsors :
Cornell Scott Hill Health Center & Interpreters and Translators, Inc.



Interpreters and Translators Inc.

for sponsoring our upcoming 2014 Cornell Scott Memorial Golf Tournament as our Gold and Silver sponsors! We sincerely appreciate your support!

The Cornell Scott Memorial Golf Tournament will be held on Monday, August 18. If you are interested in supporting a great cause, join the movement by becoming a sponsor today! See all of our sponsorship opportunities by clicking [here](#).

Interested in bringing a few of your colleagues ? Our player list is still growing. [Register Now](#)

Spring Cleaning Time!
We have the perfect place to donate
all your out of season items!

As a member of the
Helping Hands Community Thrift Store & Furniture Bank,
Community Health Network of Connecticut Foundation Inc.
needs your help enhancing our programs through this beneficial
resource and fundraiser.



Helping Hands
Community Thrift Store & Furniture Bank

Mention " Community Health Network of CT Foundation, Inc.
"when donating and all proceeds will benefit our
KHAIR program. **To see a full list of drop-off locations, click [here](#)**

When you donate your gently used "stuff" to Helping Hands, they will turn it into money we use to support our important programs. They accept furniture, appliances, housewares, electronics, clothing, books, knick-knacks, VHS tapes, CDs, DVDs and much more.

Can't make it out to the store? Helping Hands will pick up larger furniture and appliance donations for a small fuel charge. Just call 203-782-4800 to arrange for a pick-up.

Thank you for your support!

A New Cooking Matters Partnership

The community supported Cooking Matters program began organically in 2013 by developing a valuable partnership with the Valley Initiative to Advance Health & Learning in Schools (VITAHLS). VITAHLS brought together Griffin Hospital, the Yale-Griffin Prevention Research Center, and the five Valley school districts to develop, implement, evaluate, and sustain a Valley-wide school-based childhood obesity prevention program to reduce the prevalence of obesity in students grades Pre-K through 12.



SHARE OUR STRENGTH'S
COOKING
MATTERS™
NO KID HUNGRY

VITAHLS sought to offer the Cooking Matters program to all 5th grade students at Irving School as a part of their mission. Cooking Matters of Connecticut took this as an opportunity to learn new ways in which to partner with community organizations. The community supported Cooking Matters model grew out of this partnership and offers community partners the option of paying for program costs out of their existing budget or by writing Cooking Matters into upcoming grants. Cooking Matters staff, in turn, fully manage the course from beginning to end.

In it's second year, Cooking Matters of Connecticut is pleased to be offering Cooking Matters for Kids in Derby through the exemplary partnership with VITAHLS and the community supported Cooking Matters model. Cooking Matters staff is looking forward to serving more than 100 5th grade students by returning to Irving School and creating a new relationship with Bradley Elementary School.

If your organization is interested in learning more about the community supported Cooking Matters of Connecticut program, please contact Terry Young at tyoung@chnct.org.

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